

FOR IMMEDIATE RELEASE
August 1, 2017

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SOWEBO LANDMARK 5K

Annual Neighborhood Race Supports Kids and Families in Southwest Baltimore

Baltimore, Maryland: The annual Sowebo Landmark 5K will take place on **Sunday, October 1, 2017 at 9:00 am.** Established in 2010, the Sowebo Landmark 5k is a timed footrace that tours the streets of Southwest Baltimore (Sowebo), highlighting historic landmarks and uniting neighbors, families, and local resources to create active, healthy communities. Proceeds from this neighborhood race support programming for local children and families through the Southwest Baltimore Charter School and the Chesapeake Center for Youth Development (CCYD).

According to Race Director and 10-year Union Square resident Ivan Leshinsky, “It’s all about bringing our community together to empower our youth to be active, eat well, and lead healthy lives”.

“Sowebo has so much to offer,” says Suz Kashnow, a 10-year resident of Franklin Square with two young children. “In addition to beautiful parks, historic squares, and vibrant landmarks like the B&O Railroad Museum, we have a remarkably engaged group of citizens dedicated to improving the lives of all of our residents.”

The challenging course starts at **historic Union Square** and runs past and through some of Southwest Baltimore’s most prominent landmarks, including the **B&O Railroad Museum, Hollins Market, Irish Railroad Workers Museum, Mount Clare Museum House in Carroll Park,** and the **H.L. Mencken House.**

Registration is free for youth under 16. Medals are awarded in dozens of male and female age categories and there are prizes and give-a-ways for all participants. This family-friendly event is open to runners and walkers, as well as folks pushing strollers.

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